

Washington–Lee Crew – Novice Information

St. Andrew's Regatta – March 30, 2013

Novice Parents - Here is some information about the regatta site for this weekend (March 30th). Be sure to have your rower (and you) dress warm and even send along a blanket...it is a big grassy field that is often muddy, and it always seems to be windy and chilly. It is important to remember that this event is roughly a 12-hour day for the rowers. Parents must send along food for their rower to eat in the morning....at a minimum a sandwich and a drink. The chili and other food items will be provided in the afternoon at the W&L tent for all to eat.

*Hope to see you there,
Denise Steigler - Novice Parent Liaison – dsteigler01@gmail.com*

St. Andrew's

St. Andrews is a private boarding school in Middletown, Delaware. (Remember the movie Dead Poet's Society; it was filmed there) We only attend one regatta here each season. It is a smaller regatta with some of the top programs in the NE. For more information go to <http://www.standrews-de.org/>

Timing

- St. Andrews has classes on Saturday morning, so the racing gets underway later in the day. This year, **the races begin about 1:00 PM** and are over about 3:30/4:00. Then the rowers de-rig the boats, load them back on the trailers, and return to PBC and then rig them again before they put them back into the PBC boathouse. Then.... the bus will drive them back to W-L for pick-up. Expect them back around 7:30-8:00 PM.
- **The rowers need to be at W-L by 7:30 AM**, leaving by 8:00 AM. They plan to arrive at St. Andrew's, rig and practice ahead of the races.

Directions

With no delays, St Andrew's is **about a 2 hour drive**. Middletown, Delaware is approximately 1 hour from the Bay Bridge. The directions are on the crew website. Here is the link: <http://w-lcrewboosters.org/team/venues-directions/>

Race Course

- The race course is on Noxontown Pond, the school's private lake. It is great viewing for the races, because the course is in a very narrow part of the lake making it easy to see. You stand on the bank of the lake and the rowers are very close.
- There are no permanent facilities for guest teams, so we bring everything. We set up an area for the day with our trailer, tent, food and chairs for the rowers and parents. It is a nice event because the parents and rowers are based in the same area for the regatta.

- Note that there are no indoor facilities or paved areas. It can be wet, muddy and chilly so be sure to dress for the weather – you will be out in the elements all day. A big blanket to wrap up in and shoes appropriate for a muddy field will come in handy.
- Be sure to bring your own seating – folding chairs are great.
- Just so you're prepared, Porta-jons only.

Food

This is one of the few regattas that the boosters organize the food for the day for rowers and parents. Please note that this regatta is about a 12 hour day for the rowers, parents must send food for their rower to eat in the morning....at least a sandwich and drink. Chili and other foods will be provided in the afternoon for them. Hopefully you have seen the e-mails about food donations sent out earlier this week. I've included the link below. If you haven't signed up yet, please contribute. Be sure to send your food donation on the bus with your rower in the morning.

<http://www.signupgenius.com/go/10C0D4AA4AC2EA02-standrews>

Crew Clothing Updates.....Here's an e-mail from Coach Wilson sent to the list-serv.....

Hello All,

Our JLRacing team store orders are on their way. They are scheduled to be delivered sometime on Friday. Hopefully I will have them by the afternoon to distribute to those that ordered a unisuit or any other item from the team store. I wanted to let you know they are coming. Thanks for being patient and excited.

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Wilson De Sousa, CMT

****W-L Crew****

Freshmen/Novice Rowing